

Postop Patient: Shoulder

For postop patients

- Follow-up Form – Shoulder (includes SPOT)
 - Patient to complete TOP HALF only
 - Physician to complete BOTTOM HALF

- If patient is status post shoulder replacement
 - Postop Shoulder ARTHROPLASTY dressing instructions
 - Sling Wear Patient Handout
 - Shoulder Cryotherapy Instructions (if applicable)
 - Universal Shoulder Postop Rehab Protocol
 - 1st postop visit: Early Passive Motion Program handout
 - 1+ year visit: Postop Shoulder Arthroplasty Clinical Evaluation Form (for physician)

- All other postops
 - Completed Postop Shoulder Map (for physician)
 - Outpatient postop instructions for discharge – shoulder
 - Postop shoulder, elbow, clavicle dressing instructions – non arthroplasty
 - Sling Wear Patient Handout
 - Shoulder Cryotherapy Instructions (if applicable)
 - Applicable rehab protocol – see Postop PT Protocols – Shoulder section